

# RESPONSIBILITIES ACTIVITY

## PURPOSE

To articulate the importance of protecting oneself and others from COVID-19 and to share information about resettlement to the United States during the COVID-19 pandemic.

## INSTRUCTIONS

1. Ask participants: What steps can you take to protect yourself from COVID-19? What is the role of the Resettlement Support Center or Resettlement Agency during COVID-19? Record responses.
2. Provide participants with **Resettling to the United States during the COVID-19 Pandemic** fact sheet or podcast.
3. Compare information from the fact sheet or podcast to answers provided by participants about protecting against COVID-19. Correct responses as necessary.
4. Use [Responsibility Cards](#) in the [Appendix](#) to reinforce information provided in the **Resettling to the United States during the COVID-19 Pandemic** fact sheet or podcast
5. Provide participants with the image on the responsibility card and ask: What action is happening in the image? Once participants identify the action, ask: Why is this action important in protecting yourself and others from COVID-19? Sample answers have been provided on the responsibility card.
6. Ask participants: What questions do you have about resettlement to the United States during COVID-19? Document questions and respond as appropriate. Questions may include: how to communicate with the Resettlement Support Center or Resettlement Agency, delivery of documents, and accessing specific services. Answers will vary.

## RESPONSIBILITY CARDS

Cut out the action images below and use them to lead a discussion on the actions participants can take to protect themselves from COVID-19 and why those actions are important. You can have participants discuss together, in small groups, or in pairs.

### Action image



### What is the action?

Hand washing  
for 20 seconds

### Why is it important?

It ensures you don't spread the virus to yourself or others if you get it on your hands.



Avoid touching  
your eyes, nose  
and mouth

If you have the virus on your hands, not touching your eyes, nose, and mouth will ensure you don't spread the virus to yourself.



Stay informed  
about information  
and guidance

Information and guidance is changing quickly. By staying informed you'll have the latest information to protect yourself and your family.

## RESPONSIBILITY CARDS, CONTINUED

Action image



What is the action?

Make a plan in case you or anyone you live with gets sick

Why is it important?

If someone in the family is sick, it may mean you are asked to stay in your home for a few weeks. Making a plan ensures you and your family have everything you need to be safe while sick.



Avoid fraud

Ensures that you don't provide personal information to individuals who can harm you and/or your family.



Be careful of false information

Information is changing quickly and friends and family may not have relevant or accurate information. Ensuring information you receive is accurate will protect you and your family from false rumors or misinformation about the virus. If you do not speak English, find someone to interpret the information for you, like your Resettlement Agency.