ACTIVITY BANK

DISCUSSION ON COVID-19

PURPOSE

To define COVID-19, its symptoms, how it spreads, and why it should be taken seriously.

INSTRUCTIONS

1. Ask participants: What do you know about COVID-19 (also called coronavirus)? If appropriate, ask: How does it compare to other illnesses you have encountered? Record responses.

2. Play the COVID-19: How to Protect Yourself and Stop the Spread of the Virus video.

3. Use the COVID-19: How to Protect Yourself Guided Worksheet in the Appendix. This worksheet helps guide participants to define COVID-19, its symptoms, and how it spreads.

4. Compare information learned in the video and worksheet with information participants shared at the beginning of the activity

5. Discuss with participants the following questions: Why is it important for you to take COVID-19 seriously? What are the benefits of taking COVID-19 seriously? What are the potential consequences?

MODIFICATIONS & TIPS

- Instead of the video, use the COVID-19 Understanding Guidance and Rules Fact Sheet or Podcast.
- For one-on-one CO, customize the information as appropriate to the specific case.
- As possible and appropriate, incorporate visuals to enforce understanding of COVID-19 symptoms and how it spreads.

APPENDIX

COVID-19: HOW TO PROTECT YOURSELF GUIDED DISCUSSION WORKSHEET (PROVIDER VERSION)

If using the COVID-19 How to Protect Yourself and Stop the Spread of the Virus Video, the following worksheet can guide participants in understanding the material. Providers may add additional statements and information based on client needs.

PART I: AGREE OR DISAGREE

Ask participants to answer the following questions. You may first ask them to answer prior to playing the video, and then play the video and check the answers. You may give them the statements to complete independently, in groups, or read them out loud.

1. COVID-19 is a respiratory illness that only a few people can get. (Disagree).
2. COVID-19 is a virus that can spread when an infected person coughs or sneezes near an uninfected person (Agree)
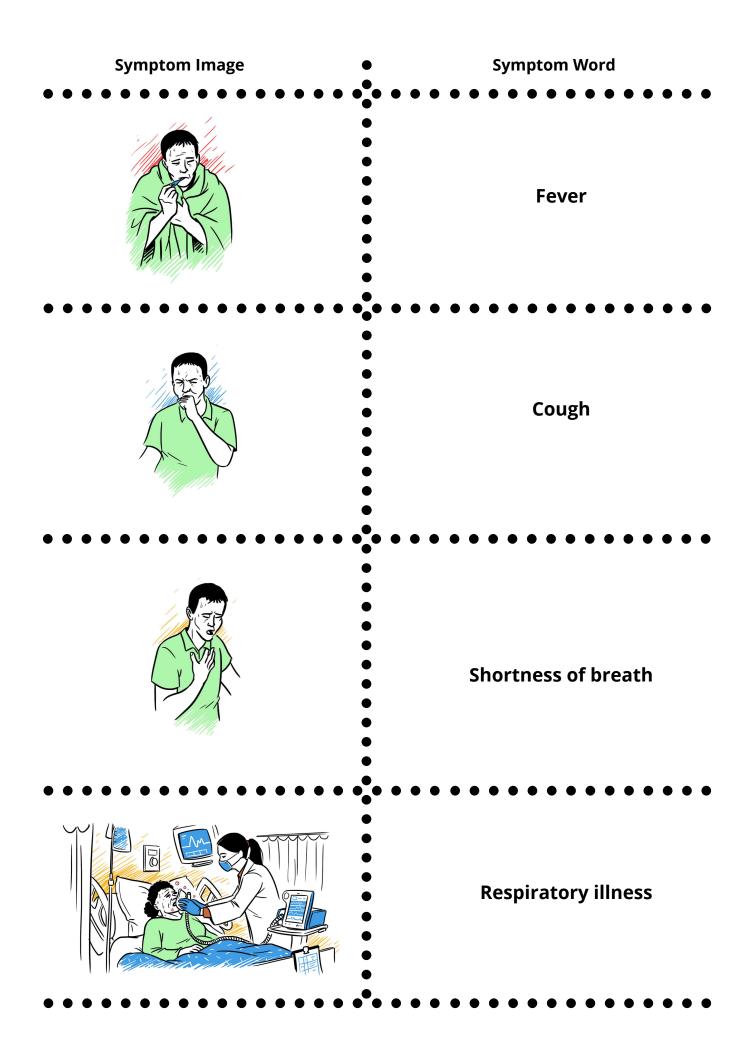3. An individual cannot get the virus by touching a surface that has the virus on it and then touching their mouth, nose, or eyes. (Disagree)
4. There are multiple ways to protect yourself from COVID-19, including avoiding close contact with people who are sick. (Agree)
5. Washing your hands with soap and water for 20 seconds can help prevent the spread of COVID-19. (Agree)
6. COVID-19 affects people differently. For some individuals the symptoms are mild and for others the illness can lead to death. (Agree)

PART II: SYMPTOM CARDS

Ask participants to match the image of the symptom on the left with the word of the symptom on the right. You may first ask them to answer prior to playing the video, and then play the video and check the answers. You can also cut out the symptom images and words for participants to match individually or in groups. You can also hold up the image of the symptom and ask participants to say the symptom in English or their own language and lead a discussion about that symptom.

Symptom Image	Symptom Word
	Fever
	Cough
	Shortness of breath
	Respiratory illness

COVID-19: HOW TO PROTECT YOURSELF GUIDED DISCUSSION WORKSHEET (PARTICIPANT VERSION)

PART I: AGREE OR DISAGREE

Indicate whether you Agree or Disagree with the following statements. Circle your answer.

1. COVID-19 is a respiratory illness that only a few people can get. **Agree** ✓ **Disagree** ✗

2. COVID-19 is a virus that can spread when an infected person coughs or sneezes near an uninfected person. **Agree** ✓ **Disagree** ✗

3. An individual cannot get the virus by touching a surface that has the virus on it and then touching their mouth, nose, or eyes. **Agree** ✓ **Disagree** ✗

4. There are multiple ways to protect yourself from COVID-19, including avoiding close contact with people who are sick. **Agree** ✓ **Disagree** ✗

5. Washing your hands with soap and water for 20 seconds can help prevent the spread of COVID-19. **Agree** ✓ **Disagree** ✗

6. COVID-19 affects people differently. For some individuals the symptoms are mild and for others the illness can lead to death. **Agree** ✓ **Disagree** ✗

PART II: SYMPTOM CARDS

On the next page, match the image of the symptom on the left with the appropriate symptom on the right.

Symptom Image		Symptom Word
		Respiratory illness
		Shortness of breath
		Fever
		Cough